



MEDIA RELEASE

FOR IMMEDIATE RELEASE

May 26, 2023

Run/Hike for Red Deer Hospice Takes Place This Sunday at Bower Ponds

(RED DEER, AB) – Red Deer Hospice’s 16th Annual Run/Hike event, presented by RSM Red Deer, will take place at Bower Ponds this Sunday.

Registration will open at 9:00am and those wishing to run, walk or stroll the 1km, 3kms or 5 kms will start at 10:00am. A light breakfast and hot, post-race lunch, provided by Mr. Mikes, will be available to participants and live entertainment will be provided by the band Fun House in the amphitheater.

“This will be a day to remember and reflect, while taking in the natural beauty of the trails in and around Bower Ponds,” said Jerri Taylor, Executive Director of Red Deer Hospice. “As our main fundraiser for the year, our goal is to raise \$38,000.” Proceeds and donations will go towards Red Deer Hospice’s mission of supporting a peaceful and compassionate end-of-life journey.

Online registration on the Red Deer Hospice website will close at 3:00pm on Friday, May 26, 2023. Those interested in participating in this year’s Run/Hike event who have not registered can do so in person on Sunday morning at Bower Ponds.

For more information, visit www.reddeerhospice.com.

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